



**We all treasure our beautiful beaches and iconic ocean wildlife.**

Plastic bags are the most lethal consumer plastic for marine animals. Turtles get tangled in them, and drown. Sea lions, turtles and whales mistake them for food, and the plastic in their stomach starves and suffocates them.

It's time to ditch this plastic and save our oceans! Carry reusable bags with you, and say no to plastic bags at checkouts.

**Join the fight:** [marineconservation.org.au/fightplastic](https://marineconservation.org.au/fightplastic)

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Used once but lasting forever, plastic straws and stirrers are one of the most common plastics found in the ocean. They are notorious for impaling turtles, or they get eaten by animals like seabirds and fish when they break down into smaller pieces – filling up their stomachs.

With safer earth friendly alternatives available, it's time to ditch this plastic and save our oceans! Choose paper or reusable straws instead.

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**We all treasure our beautiful beaches and iconic ocean wildlife.**

Single-use plastic knives, forks and spoons are one of the most commonly eaten plastics by marine animals. They can stab animals, or they get eaten by seabirds and fish when they break down into smaller pieces - filling up their stomachs. They've had a gutful, and it's killing them.

With safer earth friendly alternatives available, let's save our oceans!  
Encourage businesses to use bamboo or wooden cutlery, or bring your own!

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Brittle and often thrown into landfill, plastic takeaway containers blow into our waterways, where they break into smaller pieces. Seabirds, fish and animals eat them – and they're slowly starving on a diet of plastic. Polystyrene (styrofoam) is worse, hard to recycle and commonly found in the ocean.

With safer earth friendly alternatives available, it's time to ditch this plastic and save our oceans! Bring your own containers, or take time and eat in!

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Plastic lids, including coffee cup lids, are the 6th most commonly found litter in coastal cleanups. In the ocean they break down into smaller pieces, and get eaten by seabirds, fish and ocean animals. They've had a gutful, and it's killing them.

With safer earth friendly alternatives available such as, it's time to save our oceans! Bring a reusable cup for your caffeine fix.

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Beverage containers make up more than a third of plastic and the oceans. Plastic bowls and plates are difficult to sort and recycle due to their size and shape. In the ocean, they break down into smaller pieces and get eaten by seabirds, fish and whales. They've had a gutful, and it's killing them.

With safer earth friendly alternatives available, it's time to ditch this plastic and save our oceans! Choose reusable crockery or paper instead.

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